

Mechanized Processing and Value Addition for Fish Products

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Summary

Fish processing refers to the processes associated with fish and their products from the times they are harvested to when they are offered to consumers. Fish is a highly perishable food that requires proper handling and preservation to extend its shelf-life and retain its desirable taste and nutritional value. Processing technologies also add value to fish products by improving their palatability and market acceptance. The key to delivering quality fish-based foods requires close attention to harvesting, handling and storage. Solar tent dryers and smoking kilns are among the most popular, low-cost, and widely used fish preservation technologies. By reducing the moisture present in fish these two methods avoid the need for refrigerated transport and storage. A wide range of value-added products that can be manufactured include fish powder, fillets, brochette, sausages, fingers, crackers, samosas, and cakes.

Technical Description

Fresh fish spoils easily after harvesting due to high temperature which accelerates activities of bacteria and chemical oxidation. Post-harvest losses are minimized by processing and preservation. Removing the scales and gut, washing, and filleting of fish are the first steps to achieve short-term storage, and to manufacture value-added products. Various food preparation methods like drying, smoking, frying, grilling, and baking can be used to improve appeal, taste, and finishing. Equipment used for scaling, filleting, skinning, and deboning allow for quick, and safe processing of fresh compared to manual operations. Solar dryers provide a low-cost alternative and are constructed with readily available materials. Smoke contains antibiotic substances that kills microorganisms, and the heat dries the fish.

Uses

An improved design with a motorized fan system has been introduced to fish production regions that drastically reduces energy consumption and processing time and improves smoke control and hygiene. At the same time, options exist to reduce the dependency on complex equipment and create job opportunities in processing while meeting sanitation requirements. Different sizes of solar dryers can be built, with the smaller units measuring two meters in height and 1.7 meter in length and width. All types of fish may be processed using electric scaling, cutting, skinning and de-boning machines, and

preserved with solar dryers and improved smoking kilns. The equipment is suitable for different sized fish, but the processing time varies accordingly.

Composition

Electric scalers have a rotating spindle head with serrated teeth that lifts the scales and pulls them as they are moved across the skin, and a splash cover that avoids the spraying of fish scales. A cutter has a small double conveyor belt which takes the fish through a vertical blade and produces equal-sized fillets. The key part of deboning and skinning machines is a ribbed or tooth roller head that is horizontally moved over the inside and outside of fillets, removing small bones. A solar dryer is made of a wood or metal frame structure that is covered with polythene sheets, trapping the sun's heat inside. Fish are spread out on wire mesh shelves so excess water can drip through and desiccate the product evenly. An improved smoking kiln consists of four main components: an air-tight chamber with stacked trays to hold fish and an oil collection pan at the bottom, a fan for even flow of heat and smoke, a thermometer for monitoring chamber temperatures, a chimney with a damper to filter soot and diffuse smoke. Charcoal is used in the kiln for generating heat and smoke, although soaked woodchips may be added to add a distinctive taste.

Means of application

Processing starts with the removal of scales and gut contents from whole fresh fish after which they can be cut into fillets, skinned, and deboned. Pliers may be used to pull skin away from flesh and bones, particularly for catfish that lack scales. Tools and surfaces used for processing need to be regularly sanitized with clean water and disinfectant. Staff hygiene is critical to ensure food safety and requires the use of gloves, hairnets, and overalls. After cleaning, the fish is ready for drying and other forms of value-addition processing. In solar tent dryers, sunlight falls onto the transparent polythene surface to heat up the air inside which gently desiccates the fish, and a motorized fan accelerates convection and air circulation. Well-constructed units are rainproof and may even be operated in bad weather. Tents must be fully exposed to sunlight and should be positioned facing the prevailing wind to improve air movement. The optimal temperature for smoking ranges from 45° C to 70° C. Smoking fish for one or two hours provides an appetizing taste and short-term preservation but must be extended for four to six hours for complete drying.

Agroecologies	All Agroecologies.
Regions	Africa South of Sahara.
Developed in Countries	Zimbabwe, Rwanda, Uganda, Madagascar, Mozambique, Angola, Mali, Ghana, Zambia, Benin, Tanzania, Malawi, Togo, Ethiopia, Democratic Republic of the Congo, Senegal, Burundi, Ivory Coast, Nigeria, Kenya.

Available in	Zimbabwe, Rwanda, Uganda, Madagascar, Mozambique, Angola, Mali, Ghana, Zambia, Benin, Tanzania, Malawi, Togo, Ethiopia, Democratic Republic of the Congo, Senegal, Burundi, Ivory Coast, Nigeria, Kenya.
Solution Forms	Equipment.
Solution Applications	Agri-Food Processing.
Agricultural Commodities	Fish.
Target Beneficiaries	Small-scale farmers, Commercial farmers, Agro-manufacturers.

Commercialization

Commercialization Category

Commercially available

Startup Requirements

Equipment for fish processing, solar drying and smoking can be readily purchased or constructed across Africa. There is a large scope for value addition of fish to increase marketability, expand the sector and promote regional trade. Establishing a fish processing and value-added operation requires: 1) A business plan and mobilization of funds for investment in equipment and premises, 2) Training staff on the safe and hygienic processing, 3) Regular and adequate supply of fish to operate the facility at planned capacity, 4) Access to reliable and affordable utilities and fuel, and 5) Contracted marketing of finished products to minimize storage and maintain cash flow.

Production Costs

An imported, handheld electric fish scaler costs US \$1,500 and a filleting equipment is sold for US \$1,000. Tabletop equipment for skinning and deboning with a capacity of 10 to 20 fish per minute is sold on international markets at US \$2,500. A large greenhouse-style solar dryer 15 m long and 8 m wide on a concrete floor that has a carrying capacity of 850 kg fish per batch can be constructed for about US \$2,000. Small Plexiglas dryers 1.75 m long and 1.5 m wide cost only US \$400. Manually operated fish smoking kilns of medium-sized units running on charcoal and with a thermometer, able to smoke and dry up to 100 kg of fish cost about US \$700 to build. A fully automated kiln with a capacity of 150 kg fish per batch sells for US \$3,500. Charcoal, and electricity may represent 30% to 40% of the operational expenses.

Customer Segmentation

Processing and value addition techniques are useful among fish farmers that produce excess quantities of fish but lack market access for immediate sales. Post-harvest services may be offered as a small independent business or be integrated into fish farming cooperatives. Larger-scale processing is a commercial enterprise.

Potential Profitability

Lower-cost solar dryers and ready access to markets allow small-scale processors to recover initial investment within 3-6 months. Improved designs of smoking kilns reduce processing time to a few hours where otherwise traditional methods require days to produce similar products. Considering moisture loss, dried fish are worth three or four times their initial value. For example, one kilogram of well smoked catfish is sold for US \$18 on local markets Nigeria. More industrialized forms of value addition including canning and freezing, but these too offer value addition opportunities.

Licensing Requirements

Cottage-style traditional fish processing is often conducted without licensing restriction, but commercial operations are subject to a variety of regulatory requirements. In some case, simply butchering a fish requires licensing like that of poultry or livestock and must be performed on a stainless-steel table.

Innovation as Public Good

The manufacture of fish processing equipment is protected by patent, but many facilities, particularly solar driers and smaller kilns may be constructed using locally available materials. Additional information on fish processing is available from WorldFish as well as the IITA Agripreneur Movement, because the youth have built successful businesses around fish processing.

Solution Images



Range of fish processing tools (left to right): scaler, cutter, skinner, and deboner



Processing tilapia in an easy-to-install solar dryer



Smoking kiln suitable for processed fish products

Institutions

